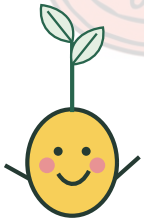
Measure My Plant

Find out how your seedling changes over time.



Little growers, big discoveries

5 MIN WEEKLY | GROWING AND MEASURING | AGES 5+ WITH AN ADULT

Grab your kit

A growing plant, a ruler, a pencil and paper. A strip of paper or string can help with measuring.

Your discovery mission

1. Choose one plant and label it so you measure the same one each time. Write today's date.
2. Measure from the compost surface to the top of the main shoot. Keep the ruler beside the plant without pressing on it.
3. Write the height in centimetres. Count the visible leaves too, using the same counting rule each week.
4. Repeat on the same day each week for four weeks. Draw four bars to show your recorded heights.

What did you discover?

Week 1: ____ cm Week 2: ____ cm
Week 3: ____ cm Week 4: ____ cm

Draw your discovery

Let's wonder...

Did your plant grow by the same amount every week? What else changed?

NEXT ADVENTURE

Compare two plants of the same type. Look for differences without deciding that height alone means better health.

Handle plants gently. Ask an adult to help with measuring and keep string away from younger children.